



Commissioned Carer Support Services in Sandwell

Carers Organisation & Contact	Contact	Description of services covered	Client Group
<p>Sharon Baker</p> <p>Sandwell Third Age Arts</p>	<p>9th Floor West Plaza 144 High Street West Bromwich West Midlands B70 6JJ</p> <p>M: 07919 253624 T: 0121 500 1259 E: info@staa.org.uk</p> <p>www.staa.org.uk</p>	<p>Home visits to carers for adult carers; who can access short courses of arts activities, including drawing and painting, mosaics, photography, textiles and music. Sessions take place in carers' own home working one-to-one with an artist from the service on days and at times to suit.</p> <p>The Creative Carers project offers a chance to de-stress and develop new skills, hobbies and leisure interests. Carers can self-refer to this project.</p>	<p>Carers aged 18 +</p>
<p>Mr Mohammed Dar or Abdul Ghafoor</p> <p>Halesowen Asian Elderly Association</p>	<p>St Paul's Church Hall Vicarage Road Halesowen B62 8HX</p> <p>T: 0121 559 5287</p>	<p>Offers day care and carer support for older Asian people, on Mondays, Tuesdays and Thursdays, including multi-faith functions and activities to bring the community together. We provide suitable facilities to accommodate older, disabled members of the community. Activities include health information and social care, gentle exercise, and outings.</p>	<p>Carers aged 60 + (living in Dudley or Sandwell)</p>
<p>Patrick Compton</p> <p>Sandwell COPE</p>	<p>C/O Carers Mental Health Team. Bristnall Hall Road. Oldbury B68 9W</p> <p>T: 0121 612 6000 or M: 07926227331</p> <p>www.sandwell.gov.uk</p>	<p>Sandwell COPE is made up of a group of Sandwell carers who all care for a relative or friend with a Mental Health diagnosis. Runs regular carers forums, drop-in advice sessions, social events, and training, and a regular newsletter. See Sandwell COPE Facebook page.</p>	<p>Carers aged 18 + who care for people with mental health conditions and issues</p>
<p>Diane Rai</p> <p>Sandwell Parents for Disabled Children</p>	<p>c/o Sandwell Young Carers Old Vicarage Bratt St West Bromwich</p> <p>T: 0121 544 8880</p> <p>www.sp-dc.org</p>	<p>Offers parents and families with disabled children a varied programme of fun, play, leisure and social opportunities, while supporting with the difficult times they inevitably face from time to time. Includes a weekly adaptive sports club for disabled children and their siblings, with a café for parents. During weekends and school holidays, organise social events such as parties as well as outings, family picnics and family fun days etc.</p>	<p>Parent Carers of disabled children and young people (parents are aged 18 +)</p>

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<p>Thomas Memery</p> <p>Omega care for life</p>	<p>London House Town Walls Shrewsbury SY1 1TX</p> <p>T: 01743 245 088 E: info@omega.uk.net www.omega.uk.net</p>	<p>Chatterbox Telephone Befriending Service; Clients are matched to trained volunteer befrienders and receive free regular support calls.</p> <p>Delphinium; a not-for-profit pay as you go companionship and telephone support service. Contact Omega for details.</p> <p>Free bereavement support group programme (sessions held in Wollaston, Dudley)</p>	<p>Caregivers, former caregivers, the bereaved, the frail-elderly and the socially isolated.</p>
<p>Parpinder Dhatt</p> <p>SAFS</p>	<p>Windmill Community Centre, Messenger Road, Smethwick West Midlands, B66 3DX</p> <p>T: 0121 558 2198 E: info@safscare.org www.safscare.org/ services/parents-and- carers-services</p>	<p>SAFS offers a range of quality care and support services for children, young people and adults who have a disability, life limiting or life threatening condition. Our services are predominantly offered to those from the South Asian Community, although we support other BAME communities too.</p> <p>We support the whole family; providing services for parents and carers by offering regular drop in sessions at the SAFS Centre and a Carers Support Group.</p> <p>Designed to encourage peer support, respite and a sense of community, the group offers regular outings, access to events and training as well as health awareness sessions such as yoga, healthy eating and physical activities. We also offer mental and emotional health and wellbeing workshops.</p>	<p>Caregivers, former caregivers, the bereaved, the frail-elderly and the socially isolated.</p>
<p>Stella Bassford</p> <p>Sandwell Multicare</p>	<p>15 Brook House, Brook Street Business Centre- Brook Street, Tipton, West Midlands DY4 9DD</p> <p>T: 0121 520 4548 www.sandwell.gov.uk</p>	<p>Support Service: Established website and carer's self-help group.</p> <p>Fortnightly Saturday Club based at the Orchard School</p>	<p>18 + (mostly of people with Learning Disability)</p> <p>Children and young people with a disability age 5 to 18</p>

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<p>Alison Pugh</p> <p>BUDS (Better Understanding of Dementia for Sandwell)</p>	<p>BUDS</p> <p>Hope House, George Road Community Church, 142 George Road, Oldbury, West Midlands, B68 9LN</p> <p>T: 0121 565 3721</p> <p>www.buds.co.uk/carer-support-service</p>	<p>BUDS offer a comprehensive package of person centred support to individuals, family carers, professionals and volunteers. This enables all those involved to feel supported and empowered in their journey through dementia.</p> <p>Offers weekly clubs across Sandwell to provide opportunities for people with dementia and their carers to socialise, receive support and companionship, have fun, enjoy a hot meal and take part in a variety of stimulating activities. They also offer a regular respite break from their caring role.</p> <p>Carer support – an Outreach Worker offers initial support to carers and other relatives, with information, advice and support with any issues they are facing, either at the BUDS Centre, in their own homes, or over the phone.</p> <p>Befriending Service - weekly visits by trained volunteers to people with dementia in their own homes, to provide companionship and regular breaks for the family carer.</p>	<p>Carers aged 18 + who care for people with dementia</p>
<p>Deska Howe</p> <p>West Bromwich African Caribbean Resource Centre</p>	<p>Thomas Street, West Bromwich, West Midlands B70 6LY</p> <p>T: 0121 525 9177</p> <p>www.wbacrc.org.uk</p>	<p>Navigation and Access for Black and Minority Ethnic carers. This service identifies carer's needs; and refers or signposts the carer to specialist support and track each person we refer to ensure they get the help and support they need.</p>	<p>Mainly African Caribbean Carers aged 18 +</p>
<p>Agewell CIC</p>	<p>Agewell Community Interest Company- Rounds Green Library Martley Road Oldbury B69 1DZ</p> <p>T: 0121 796 9333 (Main Office)</p> <p>T: 0121 507 3161 (Sandwell Hospital)</p> <p>F: 0121 217 0025</p> <p>www.agewelluk.org.uk</p>	<p>The Sapphire Service operates across older people's wards at Sandwell and Russell's Hall Hospitals. Jointly delivered by Agewell and the West Bromwich African Caribbean Resource Centre. The service supports older people and their family carers during the persons stay in hospital and on their return home.</p> <p>Kingfisher Dementia Services supports people in seeking a diagnosis. Provides advice and support needed. Guide the Person with Dementia and their Family Carers through what can be done now to better prepare for the future.</p> <p>Encourage the Person with Dementia and their Family Carers to take part in enjoyable activities in the community. Help people to make the most of life after diagnosis.</p>	<p>Sapphire Service for people aged 60+ and their Family Carers</p> <p>Kingfisher Dementia Services for people aged 50+ (they may be younger) and their Family Carers</p>

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<p>Chris Christie</p> <p>Sandwell Crossroads Care Attendant Scheme Ltd</p>	<p>494 Wolverhampton Road, Oldbury, West Midlands, B68 8DG.</p> <p>T: 0121 553 6483 F: 0121 553 4372</p> <p>www.sandwellcrossroads.org</p>	<p>Care and Support in Home: We provide highly qualified staff to care and support people with complex and palliative care in their own home. This may be accessed privately, or via Health or Social care funding.</p> <p>Please contact us for more information.</p> <p>Advice and Guidance: In addition, we provide advice and guidance for family carers who are caring for a loved one with Dementia.</p> <p>Training for Carers: Specialist Training for groups of carers to support them in their caring role, learning to Move, Handle and Hoist their loved one. Offering Training on the use of equipment either in their own home or at our Training Centre, or they may attend our Health and Safety, Food Hygiene, First Aid and Infection Control courses. All of which is aimed to support Carers to stay well, to care for longer, reducing the need for residential or hospital care. We also offer backfill from our fully trained staff allowing the Carer to attend group training sessions.</p> <p>Bereavement support: Service for Carers who experience Bereavement following the death of a loved one. This helps to support the family carer through the process of loss, signposting and advising family carers, enabling them to move on with their lives, yet helping to reduce isolation and loneliness.</p>	<p>Carers aged 18 +</p>

