



www.birminghamcarershub.org.uk

Birmingham Celebrates Carers Event - 11th June 2015



On behalf of Birmingham Carers Hub and our partners, we would like to say a big THANK YOU for showing us your support at the Celebrating Our City's Carers event at the Symphony Hall on 11 June. View more photos in our [Facebook album](#).

From the opening speeches by the Lord Mayor and Councillor Paulette Hamilton, to the atmosphere created by entertainers and stall holders, the tone was set for a great day.

Carers left with a smile and hopefully much better informed about support available locally (check out our Facebook page for photos). The attendance far exceeded our expectations, with over 1000 people joining us to reflect on what an amazing contribution carers make to family life in our City.

Given all the positive feedback we plan to hold more events with our event partner, Town Hall-Symphony Hall. Keep an eye out for future dates.



'Time For Me' Carer Wellbeing Voucher

One of Birmingham Carers Hub key priorities is to get carers thinking about their own wellbeing and to take time out to recharge and refresh. To achieve this we are working with the Council to offer a 'virtual' [Wellbeing Voucher](#) to the value of £150 to purchase wellbeing services offered by our partner carer organisations.

There is plenty to choose from, including using your voucher towards a coach trip away, relaxation breaks, various complementary

therapies including aromatherapy and Indian head massage, pampering or fitness sessions at a local spa facility, garden or domestic maintenance, social activities such as jewellery making and knitting as well as a sitting services and day opportunities for the person you are caring for (seniors).

Take a look at what's on offer [here](#) and register yourself as a carer [here](#).



Carer's Small Grant Scheme

Birmingham City Council is currently consulting until 14 Aug 2015 on making the Carer's Small Grant Scheme work better for carers. We at Birmingham Carers Hub have been working with the Council to propose a new way of administering the Carer's Small Grant Scheme. This follows a review of the scheme that recommended changes, including a more efficient and fairer way for distributing the grants, as well as greater accountability of how grants are being spent to improve carer wellbeing.

We are also using the 'Time For Me' Wellbeing Voucher as a pilot to test aspects of the proposal, so please do share your views during the consultation.

How to get involved in this consultation:

The consultation document and online questionnaire is available [here](#)

Consultation workshops:

There are three workshops this week with limited spaces still available.

Tuesday 7 July, 2015 at 10:00 AM - 12:30 PM at Birmingham Library, Conference Room 2 (1st floor)

Tuesday 7 July, 2015 at 6:00 PM - 8:30 PM at Midland Arts Centre Performance Studio, 1st Floor, Cannon Hill Park

Thursday 9 July, 2015 at 2:00 PM - 4:30 PM Hollyfields Centre Club Erdington, Woodacre Road, B24 0JT

If you are interested in participating in one of these workshops then please email **carers2026@birmingham.gov.uk** or phone this number **0121 303 5154** to book a space.

Thank you for being part of the HUB, we hope to see you soon!

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